

SPORTS PHYSICALS 2007

JPMC will conduct sport screenings for area students participating in athletics, cheerleading, and pom-pom at any level. Students must have a screening exam before participating in practice sessions per school and YMCA requirements. The screenings will be performed by appointment only.

Place: JP Physical Medicine Center, 3550 SE Frank Phillips Blvd, Bartlesville, OK 74006.

Dates: Monday, May 7

Tuesday, May 8

Thursday, May 10

Times: 6:30 pm to 8:30 pm.

Costs: \$20 per person (payable at time of exam by cash or check, payable to JPMC).

Staff: (5) Physicians/Physicians Assistants/Nurse Practitioners, (5) Health Care Specialists, and (2) Volunteer Clerical.

Enrollment:

Monday, April 16 through Friday, May 4, Monday through Friday from 9:00 am to 4:30 pm by calling 331-1431. (Note: all enrollments will be on a first come first serve basis. All enrollees will be encouraged to take the next available early date or be subject to cancellation or reschedule if there would not be sufficient enrollment to maintain staffing between the gaps. Itemized statements will not be provided or filing of insurance available.

Exam Requirements:

Students must bring their school's/ YMCA physical history forms that have been completed and signed by a parent or guardian. Form distribution will be the responsibility of the school's/YMCA. Participants should check their schools web site or call the school/YMCA with questions of where to get copy of their physical history forms. Physical exams can not be performed without these items being completed and signed by a parent/guardian.

Students should not drink diet or regular soft drinks for at least 2 hours prior to the exam, exercise or participate in athletic workouts for at least 2 hours prior to the exam. All of these may cause an elevated blood pressure reading which may delay or prevent the screening.

If the student does not pass their exam, the physical history form will be returned unsigned with explanation of follow-up required with their personal physician.

Students with known pre-existing health risks should schedule their physical exams directly with their personal physicians.

The screening exams meet school and YMCA requirements for participation, but should not be considered a complete physical examination. A complete examination may be obtained from the family's physician.